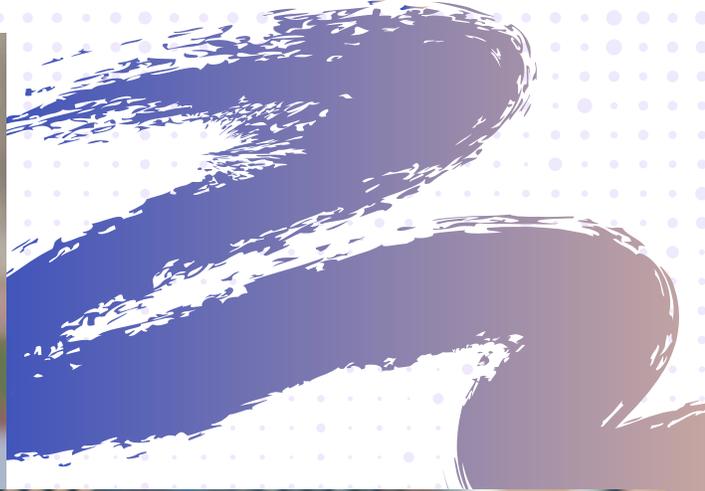


MEDIA KIT



# ***TURQUOISE THOMPSON-BURROUGHS***

RETIRED US OLYMPIC TRACK & FIELD RUNNER  
PUBLIC SPEAKER



## Bio & Background

Turquoise is a lifelong elite athlete. Since the age of five she has been at the fore front of track and field; setting national records in middle school, state records in high school, winning college championships at UCLA, receiving worldwide awards and recognition in news papers and features on television specials & most impressively of all competing on the professional level in the past two Olympic trials. Though this all wasn't so without constant trails and tribulations; of which she overcame proving to be extremely resilient. She willingly travels near and far sharing her story and encouraging others to dig deep and prevail.



## Paying it Forward

Today, Turquoise Thompson-Burroughs seeks to educate and motivate individuals of all ages. She has a truly inspiring story and testimony weaved into every topic she speaks on. Her topics are suited for all ages, from children just starting their track 'career', to the experienced athlete, to women of all kinds, to corporations.

Turquoise is excited to share what she has learned on her journey and how she managed to stay motivated and locked in in the pursuit of her dreams. Turquoise is available for all types of events from school appearances to professional and real estate conferences. Her story will inspire you!



## Speaking Topics

### Jumping into Change

Change can be scary, and we often turn to everyone else for opinions and guidance when facing it. But the answer is always inside of you! Turquoise teaches how to hear outsiders but, listen to self! Your life, your change, your chance; no one else's decision.

### Finding Your Foothold out the Pit

When we're in a pit it feels like there is no way out, like we're just stuck. Perseverance is just outside of that pit, you just have to want out bad enough. Turquoise helps you realize the changes within that you can tap into in order to overcome the pit.

### Never giving up, Never giving in

It's easy to call it quits when you've worked so hard for so long but see no real results. Pushing yourself to the limits is just that, getting to the brink of the finish line, and crossing it with your head held high. Turquoise teaches you four characteristics you can lean into when you're on the brink of giving up.

### Pro Athlete to Corporate Mogul 101

Shearing your athlete skin for the corporate world isn't as tough as you think. It's no harder than your last practice, match or game. It's just about a kind shift, attitude adjustment, humble beginning, & utilizing yourself resources. Turquoise shares how she was able to shift from Pro-athlete, overcome an unexpected felony sentence straight into a 6 figure earning corporate mogul.

Links to Speaking Clips:

[https://www.youtube.com/watch?v=\\_zLBllvBhew](https://www.youtube.com/watch?v=_zLBllvBhew) | <https://vimeo.com/399714829/c30bc87d10>



## Connect

We're truly looking forward to booking Turquoise for your next event! Customization of her programming is always available. Please feel free to use the connections listed below to get in contact with us!

### SOCIAL MEDIA STATISTICS



8K



2.4K

**CONTACT US TO BOOK!**  
**SPEAKING FEE STARTS AT \$1500**

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**INQUIRE**