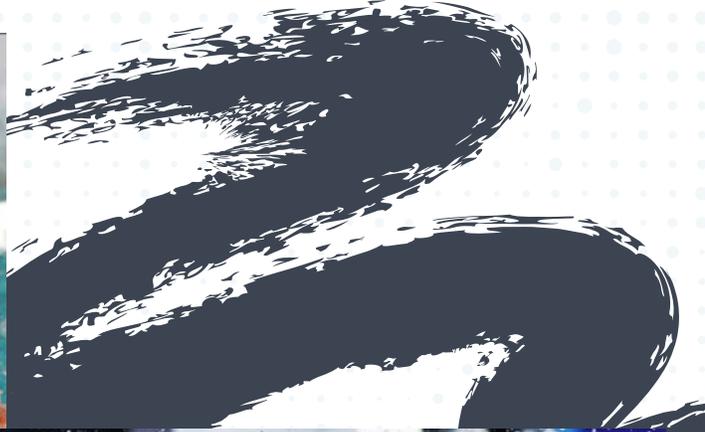


MEDIA KIT



ROLAND SCHOEMAN

RETIRED OLYMPIC SWIMMER
PUBLIC SPEAKER



Bio & Background

Roland was born in Pretoria on March 7, 1980. Schoeman first took an interest in the sport when he was 13, and began to compete three years later. He has said that he began swimming to show a girl how interested he was in her. Nicknamed “The Rocket”, he is an Olympic gold medalist and is South Africa’s most successful swimmer; he holds the world record in the short-course 50 meter freestyle, becoming the first man to swim the distance in under 21 seconds. Roland attended the University of Arizona on scholarship and broke several NCAA records during his collegiate career. He graduated with degrees in Psychology and Communications. Although he is asthmatic, Roland holds multiple records in the 100 m freestyle, 50 m freestyle, 100 m butterfly and 50 m butterfly events. He was voted the African Swimmer of the Year by Swimming World in 2004, 2005 and 2006 and the South African Swimmer of the Year in 2003, 2004, 2005 and 2006. He was elected South African Sports Star of the Year in 2004. Out of the pool, Roland is an avid golfer and splits his time between the United States and South Africa.



Paying it Forward

Today, Roland Schoeman seeks to educate and motivate individuals of all ages. He has a truly inspiring story and testimony weaved into every topic he speaks on. His topics are suited for all ages, from children just starting their football 'career', to the experienced athlete, to corporate conventions.

Roland is excited to share what he has learned on his journey and how he managed to stay motivated and locked in in the his pursuit of his dreams. Roland is available for all types of events from school appearances to conferences. His story will inspire you!



Speaking Topics

My Journey

Roland delivers his personal life journey. He talks about coming from South Africa, how his love for swimming evolved over the years, and becoming an Olympic Gold medalist. Roland expresses how none of this would have been possible without his hard work and his faith in God.

No Me, No Problem

Roland delivers a powerful message about the negative effects of poisonous thoughts and negative self-talk. Based on his own biases and self-judgment, Roland shares the intimate struggles that he has had and the inspirational story of how he overcame them.

The Power of Breath

No one understands the discipline behind breathing better than a 3X Olympic Swimming Medalist. Roland describes how powerful breathing is and how it can be used to regulate our physiological state in our day to day lives.

From Hero to Zero

The inspirational and true story of the rise and fall of a champion, this topic is moving and inspirational for all audiences. Roland dives deep in the emotional journey from greatness to despair. This is a message that will resonate with anyone who has ever achieved great things and then lost it all.

Developing a "Gold Metal Mindset"

Roland delivers a powerful and motivational message about how to adopt and implement a winning mindset. His inspirational techniques are perfect for establishing a Gold Medal Mindset in the business world, as well as in sports. This topic is perfect for anyone looking to readjust the way they look at the world and their personal & professional goals.



Connect

We're truly looking forward to booking Roland for your next event! Customization of his programming is always available. Please feel free to use the connections listed below to get in contact with us!

SOCIAL MEDIA STATISTICS



37.5K



37.6K



3.5K

CONTACT US TO BOOK!
SPEAKING FEE STARTS AT \$1500

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